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Welcome

Welcome to our monthly Lavenham Pre-school newsletter. Here you will find all of the latest information and updates from our Pre-school, as well as taking a peek at some of the fantastic learning and play that has been taking place behind our Pre-school doors. Now also available online through our social media platforms and soon to be available on our website, you can always be sure to keep up-to-date with the latest developments at Lavenham Pre-School.

Lavenham Pre-school Team



Elzbieta Zlotek
Manager
Qualified Teacher Status
Forest School Leader,
Designated Safeguarding Lead



Emma Appleby
Deputy Manager,
Level 3, SENCo,
Forest School Leader, Sustainability
Champion, Deputy Designated
Safeguarding Lead



Hannah Double
Deputy Manager,
Level 3,
Deputy Designated Safeguarding Lead



Ashlee Weaver
Senior Practitioner,
Level 3



Ella Knights
Senior Practitioner,
Level 3



Alice Nicholson
Senior Practitioner,
Qualified Teacher Status



Claire Knights
Senior Administrator



Jaycee Wharfe
Admin Assistant



Amanda Charnley
Bank Practitioner



Mary Ryan
Bank Practitioner

Spaces for September 2026

Please be advised that our Pre-school is currently extremely busy and we are already getting full for September 2026. We only have a few available places left on certain days. If you are planning on increasing your child's hours in the new academic year, please don't hesitate to contact us to avoid disappointment.

*Places are allocated on a first come, first served basis.

Thank you! Lunch box contents

We would like to thank all parents for adapting lunches and making changes to avoid ultraprocessed foods and foods containing high sugar content in packed lunches. We can already see a big change in the contents of children's packed lunches.

It is extremely important that children have a balanced diet and avoid foods and drinks high in sugar.

We provide filtered water to drink at all times (inside, outside and during Forest School sessions), we also provide milk and oat milk for snack time.

Children are encouraged to pour their own drinks to practise independence, improve gross motor skills and work on whole body balancing skills. We are prepared to deal with any spillages as the children are practising life long skills and we expect accidents.

Holiday Club 2026

ONLY £40 *PER DAY

LAVENHAM PRE-SCHOOL & FOREST SCHOOL

SUMMER HOLIDAY CLUB 2026

AGES 3-10

ACTIVITIES
FUN SPORT, ADVENTURES, OUTDOOR GAMES, FOREST SCHOOL, INSIDE ACTIVITIES IN AN AIR CONDITIONED BUILDING, LOCAL TRIPS

20TH -24TH JULY 2026
27TH-31ST JULY 2026
17TH-21ST AUGUST 2026
FROM 9 A.M. TILL 5 P.M.

SNACKS AND REFRESHMENTS INCLUDED

FOR MORE INFORMATION PLEASE CONTACT US ON:
LAVENHAM.PRESCHOOL@GMAIL.COM OR 01787 249 738

OUR EXPERIENCED AND QUALIFIED STAFF MEMBERS ARE DEDICATED TO PROVIDING A SAFE AND SUPPORTIVE ENVIRONMENT FOR CHILDREN TO LEARN, GROW, AND MAKE NEW FRIENDS.

Lavenham Pre-school team is delighted to announce that this summer we will be running the Holiday Club for 3 weeks!

We are already planning an exciting inside/outside timetable, Forest School sessions, cooking & baking activities and much more!

Join us for a Summer full of fun!

Parent-teacher meetings - 23rd-27th March 2026

Dear all,

We would like to give you the opportunity to speak with your child's key person to discuss their progress and celebrate the milestones your child has reached.

Therefore, in the last week of the Spring term (23rd-27th March 2026), from 2pm-6pm you will have a chance to book a parent-teacher meeting. This meeting can take place face to face or via telephone - whichever suits you best.

Each key person will have a dedicated afternoon to meet with parents and these will be:

Ella - Monday 23rd March

Emma - Tuesday 24th March

Hannah - Wednesday 25th March

Ashlee - Thursday 26th March

Emma - Friday 27th March

We strongly encourage parents to take up this opportunity, as this will give you a chance to discuss your child's progress, address any concerns and celebrate your child's achievements.

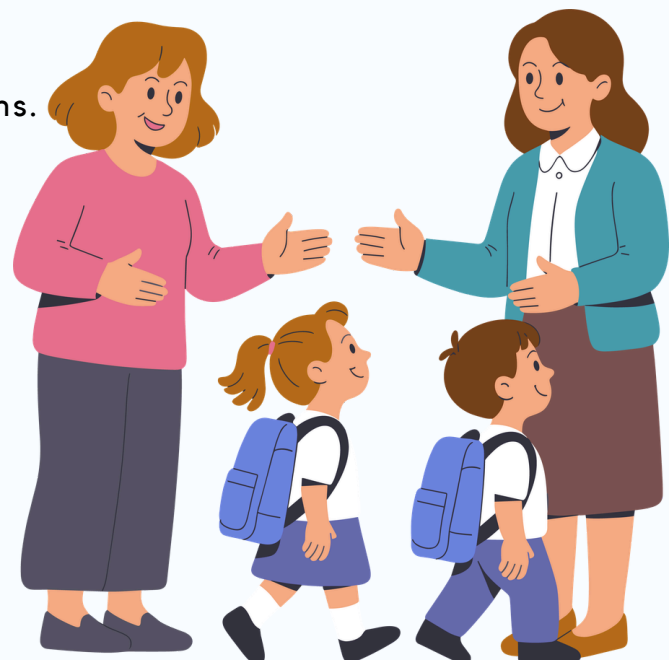
You can book the slot by adding your name on the spreadsheets in the Pre-school reception. Spaces are allocated on a first come first served basis.

Not sure who is your child's key person?

Please ask a member of staff or simply access your Tapestry and check.

Please let us know if you have any other questions.

We are looking forward to seeing you then.



Children's screen safety

Screens can be a big part of children's lives. They include televisions, phones, tablets and computers. Screens can be fun and educational, but too much screen time can affect how children and young people develop, learn and communicate. It's important to find a balance between using technology and supporting your child's development.

Understanding screen time

Children learn to talk and communicate best by spending time with others. Talking, playing, taking turns and listening to the sounds around them all help to develop language.

Children learn new words and sentences when adults talk to them about daily life. For example, naming things when cooking or talking about what you see on a walk. More screen time may mean less time for these everyday conversations.

Spending too much time in front of screens can affect children and young people in lots of ways, including:

- slower language development
- missing out on real life learning experiences
- poor attention and listening skills
- poor sleep

Screens can be fun and offer learning opportunities, but it's important to find a healthy balance with screen use, including:

- what you use them for
- when you use them
- who you use them with
- how long you use them for



For children aged 2 to 4 years, it is recommended to limit screen time to **no more than one hour per day**. This guideline is supported by the World Health Organisation and aims to promote healthy sleep patterns and reduce the risk of developmental issues associated with excessive screen use.

To ensure safe screen use, parents and caregivers should:

- **Avoid screen use before bedtime** to help children relax and sleep better.
- **Use device settings** to block inappropriate content and manage access to apps.
- **Encourage shared experiences** with screens, such as watching together or making video calls.
- **Create screen-free moments** during mealtimes and other family activities.
- **Be a role model** by demonstrating healthy screen habits and choosing content that is age-appropriate and educational.
- It is also advised to create a family agreement on screen usage and to ensure that children are supervised when using technology. Parents should regularly discuss screen time with their children and help them develop skills away from screens, such as reading together and engaging in unstructured play.

Age ratings

Age ratings are designed to help find suitable and appropriate online content and platforms. Parents should always check and comply with the age rating to ensure their children are not exposed to any inappropriate content.

Why do age ratings matter?

Age ratings are used across different types of online content and platforms to guide on what is suitable for different ages. Most popular content and platforms – from the films and TV shows you stream, to the games you play and the social media you use – will have an age rating. But things aren't always as simple as you might hope.

Please see below the age rating symbols and their meanings.



Universal – Suitable for all

What does the U age rating mean?

U-rated content is suitable for audiences of all ages, although not all U-rated content is aimed at children.

Children's content should be set within a positive framework and should offer reassuring counterbalances to any violence, threat or scary scenes. Generally a U is unlikely to unsettle a four-year-old, although it is impossible to predict what might affect any particular child.



Parental Guidance

What does the PG age rating mean?

General viewing, but some scenes may be unsuitable for young children.

PG-rated content is suitable for general viewing. A PG should generally not unsettle a child aged around eight, although parents and caregivers should be aware that some scenes may be unsuitable for more sensitive children.



Suitable for 12 years and over

What does the 12 age rating mean?

Video content classified 12 contains material that is not generally suitable for children aged under 12.

No one younger than 12 may rent or buy a 12-rated video.



Suitable only for adults

What does the 18 age rating mean?

No one younger than 18 may see 18-rated content in a cinema.
No one younger than 18 may rent or buy an 18-rated video.

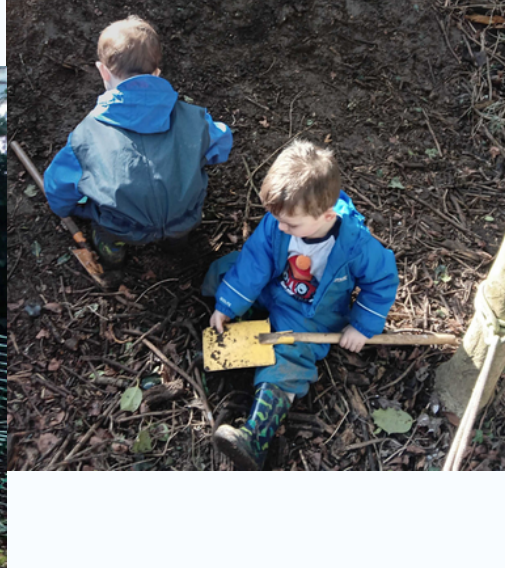


Suitable only for 15 years and over

What does the 15 age rating mean?

No one younger than 15 may see 15-rated content in a cinema.
No one younger than 15 may rent or buy a 15-rated video.

January and February memories







March Topics

World book day

Mother's day

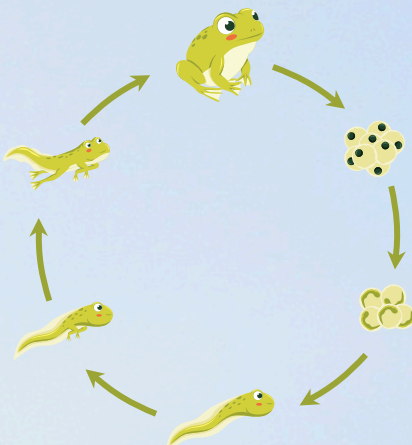
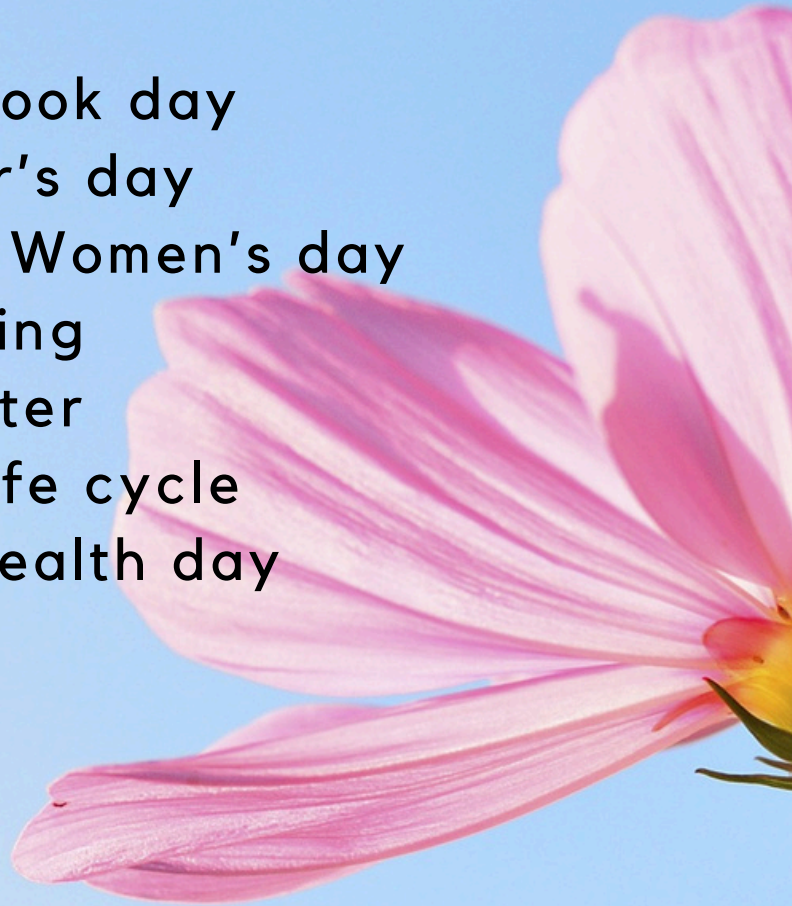
International Women's day

Spring

Easter

Frog's life cycle

Commonwealth day



Regular Notices

Parent Trustees

If you would like to play a more regular and active role in the management of the Pre-School, or in its fund-raising activities, please do let Ela, Emma or Hannah know as we are always interested in welcoming new Parent Trustees.

Term Dates 2025 - 2026:

Spring Term 2026

Term Ends - Friday 27th March 2026

Summer Term 2026

Term Starts - Monday 13th April 2026

Half Term - Week Commencing 25th May 2026

Term Ends - Friday 17th July 2026

PD Day - Monday 20th July 2026

Term Dates 2026 - 2027:

Autumn Term 2026

PD Day Tuesday 1st September 2026

PD Day Wednesday 2nd September 2026

Term Starts Thursday 3rd September 2026

PD Day Friday 23rd October 2026

Half Term - Week Commencing 26th October 2026

Term Ends Friday 18th December 2026

Spring Term 2027

PD Day Monday 4th January 2027

Term Starts Tuesday 5th January 2027

Half Term - Week Commencing Monday 15th February 2027

Term Ends Friday 26th March 2027

Summer Term 2027

PD Day Monday 12th April 2027

Term Starts Tuesday 13th April 2027

Half Term - Week Commencing Monday 27th May 2027

Term Ends Wednesday 21st July

Uniform

Uniform is optional but can be purchased online from

<https://www.schooltrends.co.uk/> or via telephone order on 0114 251 2501.

We also have good condition second-hand uniform available which we exchange for a small donation.

Facebook

We update our Facebook page on a weekly basis with the activities we have planned for the children. Please follow and like our page Lavenham Preschool & Forest School.

Items to bring into Pre-school

Please limit the items which are brought into Pre-school. Regrettably no unnecessary items, including toys, can be brought into the setting as they may get lost. Children can bring a named water bottle and lunch box. Please ensure clothing is **named** and cleaned daily. Bottles must contain WATER ONLY. A water bottle is not essential as children are provided with filtered water at all time (they can help themselves). We follow a Healthy Eating policy; children will be required to eat sandwiches, fruit & yoghurt before eating any treats.

We do not allow sweets at all.

We have a NO NUT policy (this includes chocolate spreads) as we have children in the Pre-school with severe nut allergies.

